Public & Patient Involvement in Research (PPIRes) A 12 year Collaboration
Norfolk and Suffolk Primary and Community Care Research Office, hosted by South Norfolk Clinical Commissioning Group

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PPIRes has a panel of 70 volunteers from Norfolk and Suffolk. We support researchers in primary and secondary care to develop research proposals with robust and ethical Patient and Public Involvement (PPI). We invite patient and carer groups and local charities to join PPIRes volunteers to collaborate with research teams. There is no cost to the research team for PPIRes support in the development stage of the research proposal. PPIRes costs are then included in the funding application.

What we’ve learnt
- Good PPI takes time and money
- Share everything with volunteers and support them to make a meaningfully contribution
- Face to face meetings are better than electronic communication
- Strong infrastructure for PPI is important for long term sustainability
- Enable volunteers to grow as ambassadors in the research community
- Strong relationships with the research community and volunteers leads to ethical and good quality PPI

Funders
- NHS South Norfolk Clinical Commissioning Group (SNCCG)
- NHS West Norfolk CCG
- NHS North Norfolk CCG
- NHS Great Yarmouth and Waveney CCG
- NHS Ipswich and East Suffolk CCG
- NHS West Suffolk CCG
- Norfolk Community Health and Care NHS Trust (NCH&C)
- East Coast Community Healthcare (ECC)H
- Norfolk and Norwich University Hospitals NHS Foundation Trust (NNUH)
- University of East Anglia (UEA)

Benefits to Stakeholders & Funders
- Support to develop robust and extensive PPI involvement
- Provides continuity of support to volunteers and researchers
- Contributes to the development of high quality research
- Strives to improve participant experience of research
- Evolve to add value to all its stakeholders

What makes it work for everyone
- Plan enough time for volunteers to respond
- Clear expectations for volunteers and researchers
- Team approach
- Support for volunteers and researchers
- Expenses paid on time
- FEEDBACK

Researchers
“PPIRes volunteers’ involvement in sounding out the research protocol, funding application and patient recruitment pathways, has been fundamental to our research proposals.”

PPIRes Volunteers
“The organisation is superb with invitations to express interest in research studies, opportunities to join informal discussion groups and options for more detailed involvement in funded research steering groups.”

PPIRes Panel meetings
Held 4 times a year. Provide a platform for researchers to present and discuss their research ideas. Generate an opportunity for volunteers to provide peer support in their research activities.

PPIRes Volunteers & Researchers
Local training programme:
Introduction, Refresher and User-Led Research workshops (developed and delivered with inspire). Annual Ethics training. Support to attend regional and national PPI training. Steering/management lay representatives meet annually to review activities and support each other. Supporting researchers and volunteers to work together and establish good practice in PPI.

Norfolk & Suffolk Primary and Community Care Research Office
inspire - Mental health focussed PPI research group

Norfolk & Suffolk NHS Foundation Trust (NSFT)
University of East Anglia (UEA)

Norfolk and Norwich University Hospitals NHS Foundation Trust (NNUH)

East Coast Community Healthcare (ECC)

Norfolk and Norwich University Hospitals NHS Foundation Trust (NNUH)

University of East Anglia (UEA)

Meet Advisory Group
Collaboration
Meet advisory group
Discuss study plan
Participant recruitment outcomes

Organising
Agree PPI Plan
& impact
Research & participant perspective
PPI plan for funded study
PPI costs

Feedback
Discuss study plan
Meet advisory group
Collaboration
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Facilitating
Joining the PPI team
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