

***Everywhere and Everyone Included?
Research in NHS Mental Health
Trusts in England***

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Agenda



- What we asked
- Why we are interested
- What we found
- What do we do about it?

We wanted to know



- **The spread of research activity across English NHS mental health trusts** – taking into account the size of trusts and the fact that not all research is NIHR funded.
- **Whether there is a trust-level link between how research active trusts are and high level indicators of service quality?**
- **What the barriers are to spreading research activity across mental health trusts** and how they might be addressed at a local and national level?

Why might we want to spread research activity across Mental Health Services?



- **Equality** – approximately only 2% of people using mental health service participate in research compared to 20% of cancer patients
- **Training & CPD** – health professionals (not just doctors) need opportunities to assist on studies
- **Better research** – studies struggle to recruit whilst some populations are ‘fished out’. Research benefits from diversity of participants and voices

What we did

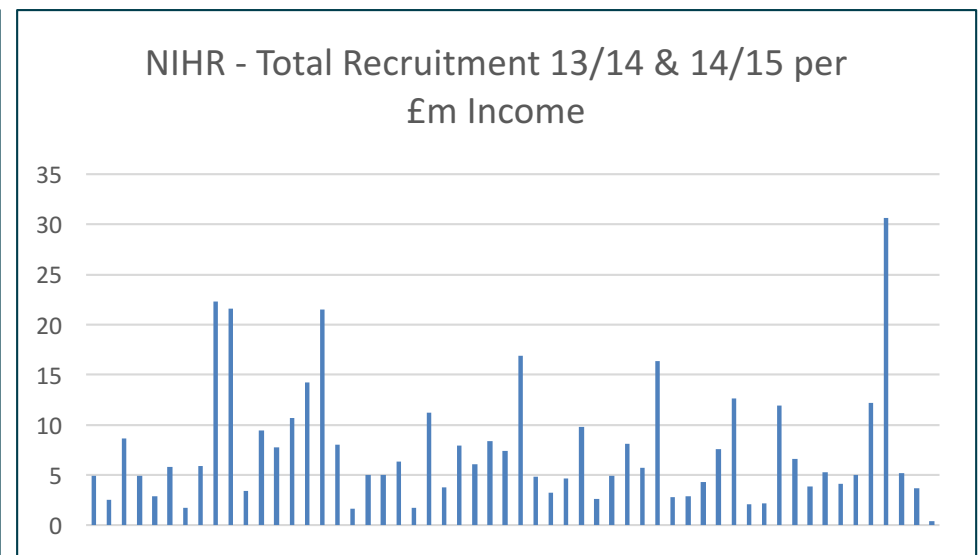
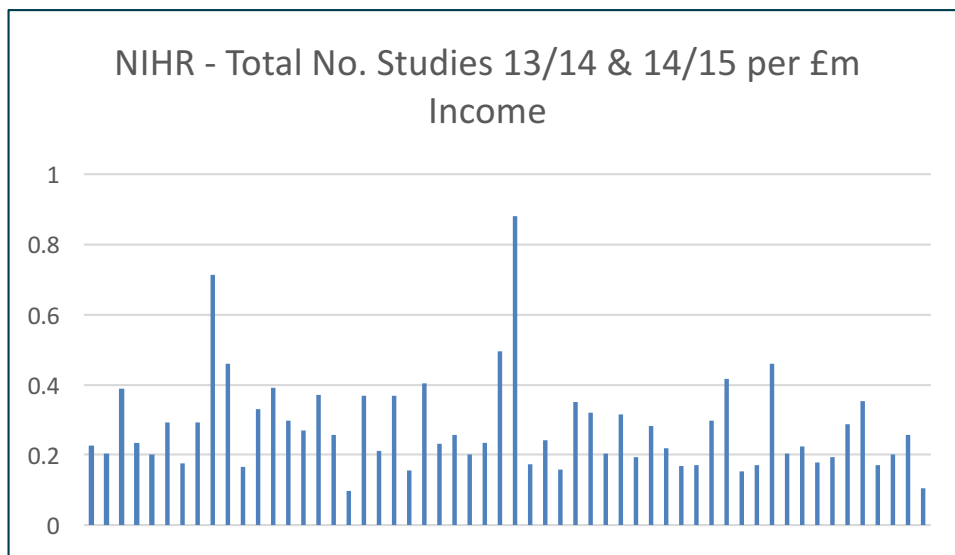
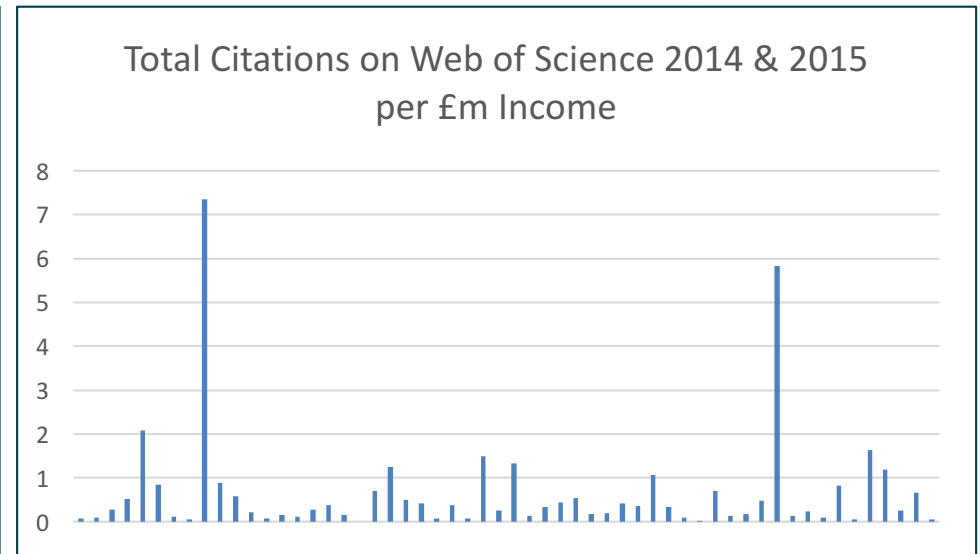
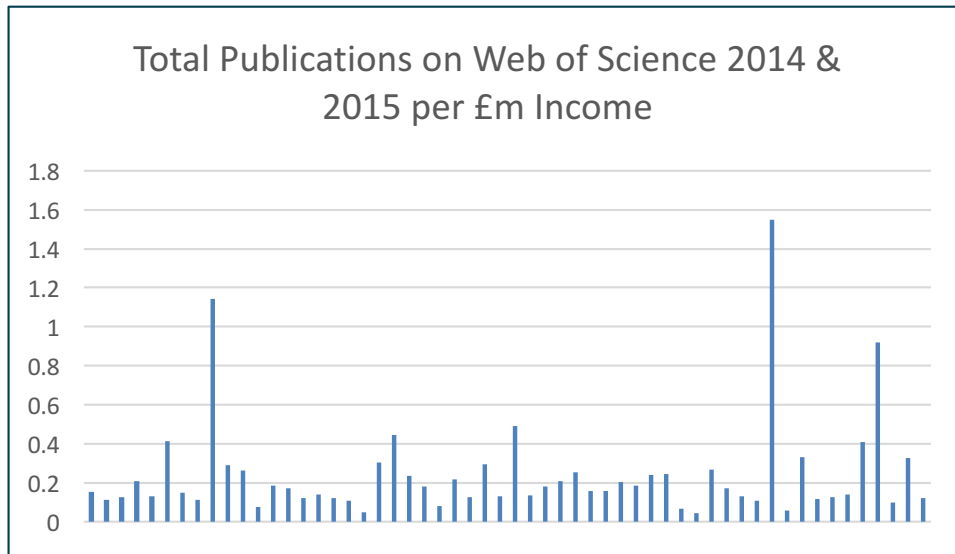


- Combined NIHR league table data for 2013/14 & 2014/15 with citations on Web of Science
- Controlled for annual trust income as a proxy for size – ranges from \approx £40m to $>$ £400m
- Combined most recent CQC inspection scores with ranking on 2015 Community Mental Health Survey
- Roundtables with R&D managers from 7 MH trusts outside the ‘Golden Triangle’

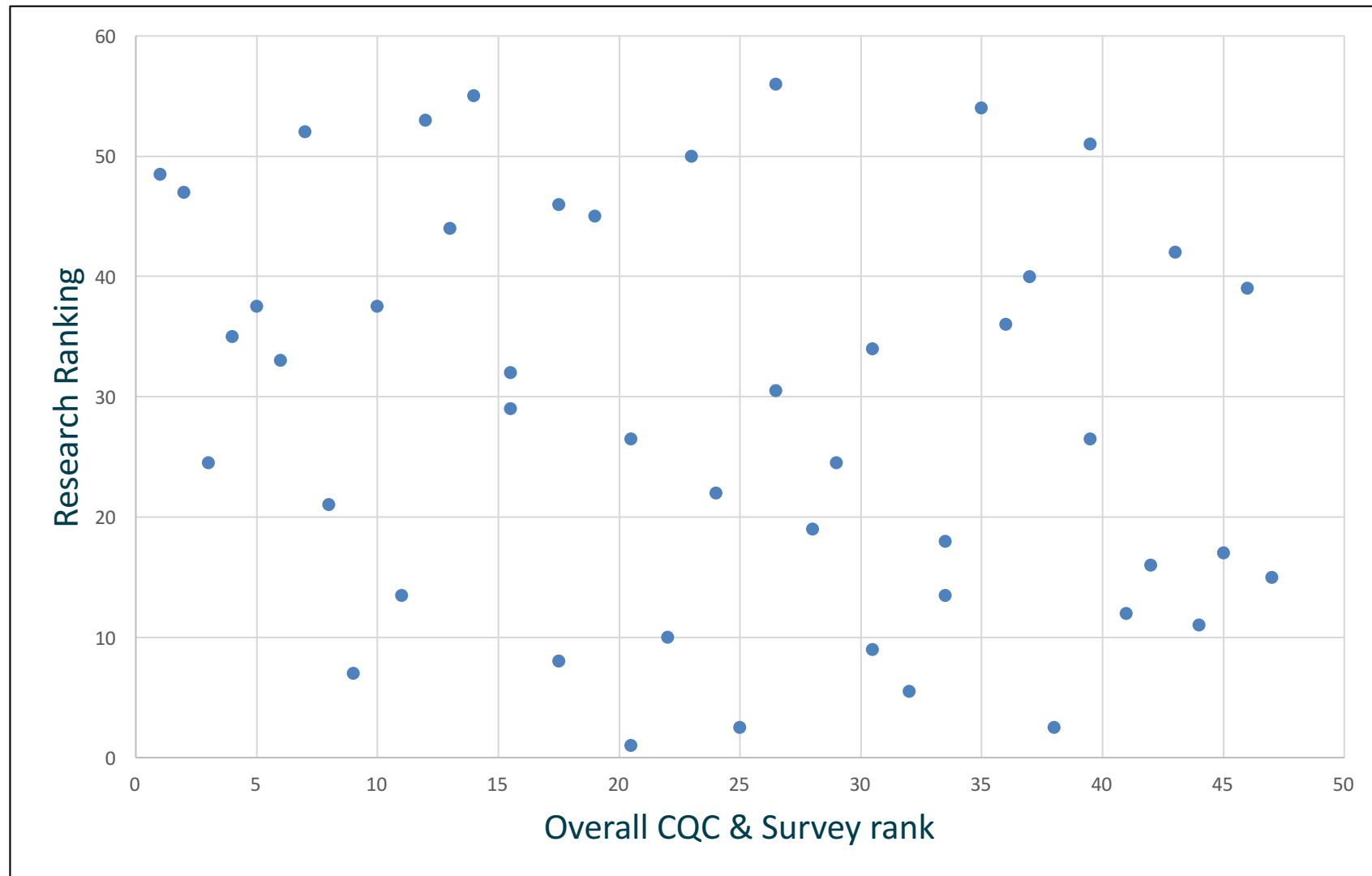
Research isn't spread evenly



NIHR studies are not the whole story



The relationship between research activity and Trust CQC scores is very weak



What are the barriers according to R&D managers?



- **Funding** – not enough studies to go round
- **Closed networks** – “out of sight out of mind”
- **Infrastructure** – how to justify up-front investment needed to win grants
- **Lack of demand to participate** – from professionals and service users

So what do we do?

Our questions for discussion



- How do we grow demand from service users and professionals to participate?
- How do we open up research networks without throwing the baby out with the bathwater?
- Can Mental Health learn from other specialties?

Want to know more?



The McPin Foundation exists to transform mental health research by putting the lived experience of people affected by mental health problems at the heart of research methods and the research agenda.

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